

## APPLICATION FORM

(Please complete this form and return to the contact address given for the course you wish to attend, to receive the confirmation of your place in the course. Kindly arrive only on the day course commences.)

I hereby declare that I have read and studied the code of discipline for the meditation course and accept the seriousness of the rules and regulations. I wish to join the course starting from : .....  
to..... If accepted, I promise faithfully to stay for the complete ten days and abide by all the rules.

Date..... Signature.....

Male / Female : ..... Age:.....

Full Name : .....

Contact Address : .....

.....

.....

Tel : ..... Pincode : .....

Education : .....

Occupation : Business / Service / Student

Do you have any physical health problems? .....

Have you ever had any mental health problem? .....

Are you taking any medication? .....

(If yes to any of the 3 above, please give full details in a separate sheet of paper)

Mother Tongue / Native Language : .....

Are you an old Student : Yes / No

(An old student is one who has done at least one full ten day course with Goenkaji or with one of his authorised assistants)

If an old student, when was your first course:.....

Where : ..... With whom (A.T.) : .....

How many courses have you taken : .....

10-day:..... 20-day..... 30/45-day.....

any other : .....

When was your last course : .....

Where : ..... With whom (A.T.) : .....

If you are a new student, who introduced you to Vipassana meditation?.....

(To be completed by an old student who has recommended a new applicant to the course)

Old Student's Name.....

Address:.....

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..... Pincode : .....

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I have clearly explained the rules and discipline to the applicant, and have stressed that he/she must stay for the full ten days and that he/she must strictly abide by all rules, regulations, timetable, noble silence etc.

I believe, the applicant has fully grasped the importance of them, before he/she signed the application form.

Kindly confirm his/her admission to the course.

I have attended..... no. of courses and the last course was on.....

Date : ..... Signature.....

PRINTED MATTER

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Pin Code :